

Hillview Resource Centre Play/Creative Therapy Service

PARENTAL AGREEMENT

SUMMARY OF SERVICE PROVIDED:

Play Therapy/Creative Therapy is provided for 3-18 yrs olds. It is not the same as for adults because while talking is the fundamental task of psychotherapy for adults, play/creative expression is the medium best used by children & young people to communicate their emotional distress. Children & young people do not have the same verbal capabilities as adults, so child therapy is much more active than adult psychotherapy.

As part of the service it is important to outline terms & conditions in the best interest of the child moving forward to ensure there is:

- ✓ A clear understanding of the service provided
- ✓ Consent from the Parent(s) and/or Legal Guardian(s)
- ✓ Play/Creative Therapy is a child/young person centred' confidential service

MAKING AN APPLICATION FOR PLAY/CREATIVE THERAPY:

You will be provided with:

1) Application Form, 2) Information Sheet, 3) P17 Assessment Form, 4) Parental Agreement (this form)

All documentation must be read, understood, completed, signed and returned to Greystones FRC (at the address provided).

Note: All forms must be signed by both parents (if applicable). If for any reason you are missing any form please contact the Early Years & Family Support Coordinator on 01 296 5025.

STAGE 1: ASSESSMENT

The designated Therapist will meet with the parent(s) alone before meeting with the child/young person, this two stage process forms part of ONE assessment.

If a need is identified and a place is available the child/young person will be offered a regular weekly session for Play/Creative Therapy for however many sessions is required e.g. usually between 10-15 (but this depends on level and/or complexity of needs)

STAGE 2: ONGOING PLAY/CREATIVE THERAPY SESSIONS

- You will be allocated a time and day. This may be within School time so we advise all parents to speak with the child's/young person's Principal/Head Teacher and make them aware that your child's absence will be required is ongoing sessions is necessary

- All children/young people must be dropped off and collected on time (Parents will be asked to remain on site throughout the session, which lasts 45 minutes)
- Despite the initial assessment, it takes several weeks to build a rapport with the child/young person and therefore feedback on progress will not be immediate and will be shared equally between both parents
- Parents/Legal Guardians should be aware that this service is a space for the child/young person to freely express their feelings about issues they believe relevant to them and their lives and/or issues
- **Upon completion** of the Play/Creative Therapy sessions the parent(s)/Legal Guardian(s) will be asked to complete an evaluation form so the Therapist can measure how effective the sessions have been in relation to your child/young person

CHILD PROTECTION

It is every service responsibility to report any issues where a child/young person may be at risk of harm in line with Child Protection guidelines

PARENTAL CONSENT:

We cannot provide a service unless we have **written consent a parent** (SEE BELOW).

Please indicate the parenting arrangement by ticking the relevant box (below).

- | | |
|-----------------------------------|-----|
| Cohabiting (joint custody) | [] |
| Civil Partnership (joint custody) | [] |
| Civil Partnership (sole custody) | [] |
| Legal Guardian | [] |
| Lone Parent (sole custody) | [] |
| Married (joint custody) | [] |
| Separated (joint custody) | [] |
| Separated (part custody) | [] |
| Separated (sole custody) | [] |

Other:.....

It is important that we obtain written consent from both parents (where applicable) in order to proceed.

CONSENT

I/We, the above, provide FULL CONSENT to Hillview Resource Centre to provide Play/Creative Therapy sessions when a slot becomes available.

PRINT NAME:

Signature of Parent:

PRINT NAME:

Signature of Parent:

Note: By signing this Agreement you are stating that you have read all the literature and understand the service being provided to your child/young person.

WITHDRAWAL OF CONSENT:

If, for any reason, a parent wishes to withdraw consent for Play/Creative Therapy, they should provide this information in writing giving Hillview Resource Centre a minimum of three sessions notice.

Once Therapy commences and a therapeutic relationship has been established it is in the best interest of the child/young person that a sufficient length of time is given to close the service they receive.

Note: ‘consent’ can be revoked by one Parent/Legal Guardian

DATA PROTECTION

Information will be securely stored with Hillview Resource Centre and can be accessed upon written request from a parent or legal guardian. Please indicate your permission to store information in relation to this service provision. Information will not be shared with a third party without your consent.

I/We and have read, understood and been provided with all the relevant information in relation to this service. We have read the above Data Protection statement and understand information securely stored and only used for the purposes stated as part of the service provided and statistical analysis.

PRINT NAME:

Signature of Parent:

PRINT NAME:

Signature of Parent:

(Signing above gives permission to store your personal data)